

Instruction for Treatment with Moderate Sedation

Please check in 15 minutes early. You must have a driver. If your driver is unable to stay during treatment, we must have a telephone number to reach them.

You must not be left alone for six hours after sedation. Your driver will verify, with their signature, responsibility for staying with you. Please inform them.

You must have **ABOULUTELY NO FOOD OR DRINK FOR SIX HOURS** prior to your appointment. The day before your appointment drink plenty of water and limit your caffeine and alcohol that day.

Please wear loose, comfortable clothes including a short sleeved shirt that does not tuck in. We need to be able to access your arms and waistline for blood pressure, heart rate monitor and IV.

Medications that you take on a daily basis should be taken at the normal time with a few sips of water. The only exception to these medications is **No diuretics or hypoglycemics** on the day of treatment.

Remove contact lenses prior to sedation. Do not wear black or brown fingernail polish.

Financial Note: The cost for sedation is \$375.00, Insurance usually does not cover this. Payment is required when the appointment is scheduled. If a cancellation is necessary, the appointment must be cancelled 48 hours before the scheduled appointment for a full refund. If the appointment is cancelled within 48 hours of the appointment, **NO REFUND** will be granted. If you have any questions, please call Tracy Wright or Amy Cockrill at 515-279-3848.