

Instructions for Treatment with Moderate Sedation

Please check in 15 minutes before your scheduled appointment. You must have a designated driver. If your appointment is scheduled for an hour or less the driver is required to stay in the office the entire time. If the appointment is longer than an hour and the driver plans on leaving, we must have a telephone number we can reach them by.

After sedation, you must not be left unattended for at least six hours. Your driver will verify, with their signature and acknowledge responsibility for staying with you.

Please note ABSOLUTELY NO FOOD OR DRINK FOR SIX HOURS PRIOR TO YOUR APPOINTMENT. The day before your appointment be sure to drink plenty of water and limit your caffeine and alcohol that day.

Medications that you take on a daily basis should be taken at the normal time with minimal sips of water. The only exceptions to taking medications are Diuretics or Hypoglycemics on the day of treatment, please refrain from taking any of those.

Please wear loose, comfortable clothes including a short-sleeved shirt that does not tuck in. We need to be able to access your arms and waistline for blood pressure, heart rate monitor and IV purposes.

Remove contact lenses prior to sedation and do not wear dark nail polish (black, brown, purples, deep reds, etc).

Financial Note: The **cost for sedation is \$525.00** insurance usually does not cover this procedure. Payment is required when the appointment is scheduled. If a cancellation is necessary, the appointment must be cancelled 48 hours before the scheduled appointment for a full refund. If the appointment is cancelled within 48 hours of the appointment, **NO REFUND** will be granted.

If you have any questions, please call Tracy Wright in the finance department at 515-279-3848.